



More Skinny Slow Cooker Recipes 75 More Delicious Recipes Under 300, 400 500 Calories

By CookNation

Bell & Mackenzie Publishing Limited. Paperback. Book Condition: New. Paperback. 108 pages. Dimensions: 8.4in. x 5.4in. x 0.4in.1 Amazon Best Selling AuthorMore Skinny Slow Cooker Recipes: 75 More Delicious Recipes Under 300, 400 and 500 CaloriesWelcome to More Skinny Slow Cooker Recipes: 75 More Delicious Recipes Under 300, 400 and 500 Calories From The No. 1 Best Selling Amazon Author of The Skinny Slow Cooker Recipe Book. This new collection of recipes compliments the hugely successful The Skinny Slow Cooker Recipe Book also by CookNation which became a No. 1 Amazon best seller with its collection of skinny, low calorie slow cooker dishes for those wishing to maintain a balanced, healthy diet. Recipes include: Melting Beef Topside and SpinachLentil Beef Meatballs and RiceGarlic and Lamb StewCider Pork and BeansBlack Eyed Bean and Sausage CasserolePaprika Pork GoulashHighland Venison StewBeef and Stout StewRed Wine Chicken and GrapesLemon Chicken and NoodlesHarissa Chicken Roasted Garlic ChickenThai ChickenTeryaki ChickenChicken and PineappleCreamy Haddock and New PotatoesFresh Herb Fish StewSpicy Ginger FishLemongrass Fish and NoodlesGaram Masala PrawnsVegetables and Cashew NutsShredded Red Cabbage In Pomegranate JuiceCaramelised Ginger Sweet PotatoesSpiced Cauliflower and VegMexican Onions and Kidney BeansChang DalBasil Pesto LinguiniFig Stuffed ApplesNutella PearsVanilla and BananasRice PuddingYou may also enjoy...

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