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The Gift of Fear: Survival Signals That Protect Us from Violence (New edition)

By Gavin de Becker

Bloomsbury Publishing PLC. Paperback. Book Condition: new. BRAND NEW, The Gift of Fear: Survival Signals That Protect Us from Violence (New edition), Gavin de Becker, In this empowering book, Gavin de Becker, the man Oprah Winfrey calls the US' leading expert on violent behaviour, shows you how to spot even subtle signs of danger - before it's too late. Shattering the myth that most violent acts are unpredictable, de Becker, whose clients include top Hollywood stars and government agencies, offers specific ways to protect yourself and those you love, including: how to act when approached by a stranger; when you should fear someone close to you; what to do if you are being stalked; how to uncover the source of anonymous threats or phone calls; the biggest mistake you can make with a threatening person; and more. You can learn to spot the danger signals others miss. It might just save your life.



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